

Job title: Clinical Counsellor

Location: Niagara Region

Program Area: Mobile Health

Reports to: Executive Director

Status: Full time (35 hours/week), temporary (up to July, 2028)

Hours of Work: Monday - Friday (8:30 a.m. - 4:30 p.m.)

Summary

Regional Essential Access to Connected Healthcare (REACH) is a dynamic nonprofit, charitable organization that provides health care services to the unhoused community, survivors of intimate partner violence, those with justice involvement, and those who experience barriers to accessing healthcare services. We are committed to removing barriers to care by providing accessible and equitable care.

We are looking for a Clinical Counselor to join our Mobile Health clinic team. This person is highly experienced in building rapport and providing 1:1 clinical counselling for community members (18+) experiencing homelessness, mental health, substance use, sex trade, and other factors leading to inequities. This person is experienced in multiple therapeutic modalities and able to work collaboratively with a team.

What you can expect from us:

- Competitive wage: \$36.94 \$40.70 + 10% in lieu of benefits
- We believe in work life balance and provide: 8 paid health and wellness days + \$2000 to support your well-being
- Paid professional development days + \$2000 for Professional Development
- Being part of an organization that is doing meaningful work in the community!

About the Role:

Duties and responsibilities include, but are not limited to:

Counselling Services:

 Provides 1:1 counselling services which may include Cognitive Behavioural Therapy, Motivational Interviewing, Acceptance and Commitment Therapy, and/or EMDR. The focus is on community members (18+) who are experiencing homelessness, mental health, substance use, sex trade, and other factors leading to inequities at various point of care locations in the Niagara Region.

- Collaborate with existing partners to assist the client in achieving their therapeutic goals.
- Facilitate access to case management, primary care, addictions care, and other referrals as identified by the client.
- Provides holistic assessment and support services including system navigation to individuals presenting with mental/emotional health or substance use concerns
- Ensures that appropriate support plans are developed, implemented, and evaluated in collaboration with clients; monitoring client progress adjusting plans as necessary
- Provide crisis intervention and de-escalation (when required)
- In collaboration with other Clinical Counsellors, develop and implement group programming.
- Work in a manner that demonstrates commitment to REACH's mission, vision, and values.

To excel in this role you will need:

Education and Work Experience Requirements:

- Master of Social Work degree or some combination of relevant education and experience in a similar health discipline.
- Current registration with a regulated professional body as a Social Worker (OCSWSSW) or Psychotherapist (CRPO)
- Addition certification in Addictions Counselling (preferred)
- Additional certification in EMDR or equivalent (preferred)
- 3-5 years' experience working with equity deserving populations
- Experience and knowledge of the social determinants of health, the health care system and the social support system as they relate to the needs of homeless and precariously housed individuals as well as individuals who may have substance use issues
- Experience building relationships with health care providers and organizations
- Experience working in a multi-disciplinary team and collaborating with teams on the care of clients

Knowledge, Skills and Abilities:

- Broad knowledge of dual diagnosis and concurrent disorders as well as alternative models and approaches to mental health treatment and trauma informed care
- Thorough knowledge and experience of harm reduction, trauma-informed approaches, addictions, and mental health.
- Ability to de-escalate conflict is an asset
- Skilled at developing positive relationships with all community members, building trust with ease, and working to assist people experiencing crisis.
- Understanding of self-care and awareness of personal and professional boundaries when working with complex issues.
- Ability to practice utilizing a client-centered approach with a strong understanding of the impact of the social determinants of health on client care management

Conditions of Employment

Must possess a valid G driver's license with access to a reliable vehicle

Does this sound like something you may be interested in? Please email a copy of your resume and cover letter to Human Resources: carolyn@reachniagara.com.

We thank all applicants for their interest but only those selected for further consideration will be contacted.

REACH is an equal opportunity employer – we are committed to a diverse, equitable, and inclusive environment. We welcome all applications. In accordance with the Accessibility for Ontarians with Disabilities Act, 2005 and the Ontario Human Rights Code, REACH will provide accommodations through the recruitment process to applicants with disabilities. If selected to participate in the recruitment and selection process, please inform Human Resources of the nature of any accommodation(s) that you may require in respect of any materials or processes used to ensure your equal participation.